

Surgical Associates of Austin, P.A.

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Alejandro Esauvel, M.D.

Your surgery has been scheduled for _____, at _____, and should start at _____. Please check in at the hospital admissions office by _____.

PRE OPERATIVE INSTRUCTIONS

{ } DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. If you take regularly scheduled medications you may take them with a sip of water unless instructed otherwise.

{ } DISCONTINUE ASPIRIN (or products containing aspirin) 7 days prior to your surgery. **DISCONTINUE IBUPROFEN PRODUCTS 48 HOURS** prior to surgery.

{ } WEIGHT LOSS MEDICATIONS and any **HERBAL MEDICATIONS** should be discontinued **2 weeks prior to surgery.**

{ } WE PREFER THAT anticoagulants be discontinued **5 days** prior to your surgery. **IF** you are on any anticoagulants, **you are responsible for contacting your prescribing physician to inform them of your surgery date and ask him/her TO NOTIFY US IF THE ANTICOAGULANT CAN BE DISCONTINUED 5 DAYS PRIOR TO YOUR SURGERY.**

{ } IF YOU SMOKE, we suggest you stop at least 2 weeks prior to surgery.

{ } A HIBICLENS SHOWER (an over the counter disinfectant solution) should be taken the night before surgery as well as the morning of surgery to help reduce the chance of skin infection.

{ } SPECIAL PREPS are usually required prior to abdominal surgeries so please call us immediately **if you leave our office without these instructions.**

{ } IF YOU DEVELOP a fever, rash, cold symptoms or any other medical problems within 24-48 hours prior to your surgery please call to see if we need to cancel your surgery. (Tanya at ~~512-472-1381~~) or (Phyllis at 472-1381 ext. 105) **447-4993**

{ } CARE INSTRUCTIONS will be given to you before you leave the hospital.

{ } MAKE ARRANGEMENTS for someone to drive you home after your surgery.

{ } CLOTHING and SHOES SHOULD BE COMFORTABLE AND SIMPLE as you will be required to change into a hospital gown and slippers.

{ } JEWELRY SHOULD NOT BE WORN as you will be required to remove them and possibly have them misplaced.

{ } CALL OUR OFFICE within 48 hours after you get home from surgery to make your follow-up appointment. (512-472-1381 ext. 101 or 106)

Central Office
Plaza St. David
1015 E. 32nd, Suite 308
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